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UPLEVEL – To transform and grow in areas previously stagnant (lifeless, not flowing, growing or developing); being the BEST Version of Yourself; Thriving

Zakiya N. Moton, cofounder of **UPLEVEL Leaders**, is a leadership consultant and change facilitator. She is a strategic problem solver with 15 years of expertise in employing holistic approaches to achieving excellence. She develops solutions for individuals and organizations alike through facilitating nuanced evaluations and designing comprehensive roadmaps forward. Zakiya ushers leaders through transformative growth, allowing them to Thrive. She has brought about successful outcomes in healthcare, academia, public health, education and church ministry. The common thread among all of the industries that Zakiya’s experience encompasses is dedication to holistic wellbeing.

Zakiya holds a Master of Public Health from the University of Illinois at Chicago and a Bachelor of Science in Biopsychology and Cognitive Science from the University of Michigan. As an experienced public health professional and researcher, Zakiya recognizes that wellbeing includes physical, mental, emotional, spiritual, financial and social health. She understands fully the power of intentionality and the unlimited possibility of authentic connection to create and sustain good holistic health for all.

After more than a decade of local and national liaising, building bridges and forging paths of mutual benefit so that underserved, under-resourced populations battling cancer would have access to equitable health care and support, Zakiya began to leverage her highly-attuned community engagement, project management, strategic coordination, research and evaluation skills into professional development and leadership coaching savvy.

She and her husband Keyanta launched **UPLEVEL Leaders** in 2018 as a conduit to serve mission driven individuals and organizations that desire to improve their organizational infrastructure and capacity. Zakiya’s professional skill matched with her God-given ability to empower and uplift make her uniquely qualified to help leaders to realize their fullest potential.

Zakiya is the author of ***UPLEVEL: Breaking the Power of Stagnation*** and *The Journey to **UPLEVEL Journal***, a linked set of powerful texts that guide readers through the process of identifying cycles that have kept them bound and move them onward through the creation of strategies to become the best version of themselves.

Zakiya is a National Breast Cancer Coalition Project LEAD graduate. She has previously served on local and national boards of directors and committees focused on health equity and advocacy including the Chicago Breast Cancer Quality Consortium Primary Care Advisory Board, the Metropolitan Chicago Breast Cancer Task Force Community Outreach Advisory Board, END Breast Cancer Illinois, Northwestern University Robert H. Lurie Comprehensive Cancer Center Office of Health Equity and Minority Health Advisory Committee and The **LIVESTRONG** Young Leaders Cancer Council. In addition to various private consulting roles, she currently serves as a leader in the Training Division of her church, New Life Covenant Southeast Church under the leadership of Pastor John Hannah.

Zakiya continually lives out her life motto, “the gift you have received, give as a gift.” She resides in the suburbs of Chicago with her husband and son.